

Better Access Initiative

**Mid North Coast
Mental Health
Practitioners**

Issue 10 – October 2009

GRAFTON SUBDIVISION

Judi Bray-Ferguson

137 Alice Street
Grafton NSW 2460

Telephone: 02 6643 3409
Facsimile: 02 6643 5767

Areas of specialisation: Individual: Grief, loss, life transition, depression, anxiety, drug & alcohol.
Delivers GP Psychology Service in Grafton 3 days per week (no cost).

Dr George Burkitt

(General Practitioner –
psychological medicine)

137 Alice Street
Grafton NSW 2460

Mobile: 0429 335 907
gburkitt@bordnet.com.au

Areas of specialisation: Special interest in psychological medicine and men's health and wellbeing. Counselling and psychotherapy of men, teenage boys and their families.

Gai Bynon MAPS

Wellbeing Centre,
93 Fitzroy Street, Grafton NSW 2460
11 Union Street, Maclean NSW 2463

Mobile: 0428 282 744
Facsimile: 02 6628 2740
g.jbynon@bigpond.net.au

Areas of specialisation: depression, anxiety, mood disorders, anger management, stress management, pain management, trauma, PTSD, self esteem and confidence issues, loss and grief, mediation, adjustment to injury including WorkCover assessments and counselling. Delivers psychological services in the Grafton/Maclean areas. Registered with Medicare, EAP and Workers Compensation.

Chris Collyer

*Please contact Ms Collyer
first before making referral
under Better Access.*

Suite 7, 39 Prince Street
Grafton NSW 2460

Telephone: 02 6643 1772
Facsimile: 02 6643 1772
chriscollyer@bigpond.com

Areas of specialisation: Cognitive assessments, children and families, PTSD, mood disorders, anxiety depression, behavioural problems, workplace issues, conflict resolution and mediations, grief and loss.

Bob Ferguson

(Social Worker)

137 Alice Street
Grafton NSW 2460

Telephone: 02 6653 8603
Mobile: 0408 194 812
brayferg65@hotmail.com

Areas of specialisation: Family, marriage and relationship counselling, individual counselling and psychotherapy. Trauma, using E.M.D.R (Eye Movement Desensitisation and Reprocessing), Medicare recognised counsellor for anxiety and depression.

Michael Howe
(Clinical Psychologist)

11 Union Street, Maclean NSW 2463
6 River Street, Yamba NSW 2464

Telephone: 02 6645 8740
Facsimile: 02 6645 8740
Mobile: 0412 979 869

Areas of specialisation: D & A and co morbidity, memory attention & mood disorders, physiological & somatic disorders. Adolescents and Adults.

Peter Jenkins

c/- Grafton Community Centre
59 Duke Street Grafton NSW 2460

Telephone: 0408 811 955
Facsimile: 02 6642 3521
ceas2000@hotmail.com

Areas of specialisation: Over 30 years clinical experience working with children, adolescents and adults. Preferred modalities include Cognitive Behaviour Therapy (CBT), Interpersonal Psycho-Therapy (IPT) and Brief Solution-Focussed Therapy. Scope includes generalist, educational psychology, victims of crime, trauma, stress, depression, personal injury support, chronic pain management, workers compensation and motor accident claims. Consultant to Enough is Enough Anti-Violence Movement Inc. and provider of the Black Dog Institute Depression and Bipolar Mood Assessment Program (MAP) in Grafton. Accredited Triple-P Positive Parenting Program Practitioner. Also provider of neuropsychological assessments of learning difficulties and cognitive deficits associated with Attention Deficit Disorder and Asperger's Syndrome, other mental health conditions and head injuries

Dr Stuart Mann
(Clinical Psychologist)

137 Alice Street
Grafton NSW 2460

Telephone: 02 66509042
Facsimile: 02 66525044
Mobile: 0434 005 492
stuart@axiscounselling.com.au

Areas of specialisation:

Treatment - Focus on PTSD/trauma (victims of crime, war veterans/peace-keepers, personal injury), chronic mental illness and general psychopathology.

Assessment and Reports - WorkCover, Forensic (Victims compensation, Court reports) and Competency.

Populations of Interest - Adolescents, adults (including elderly) and Indigenous.

Accreditation - DVA, Medicare, Victims of Crime, Carers and Employee Assistance Programs (EAP).

Richard Miller

Shop 6, The Emporium
31 Skinner Street
South Grafton NSW 2460

Telephone: 02 6643 2957
Facsimile: 02 6644 9377
Mobile: 0437 004 010
richardmiller@ozemail.com.au

Areas of specialisation: General counselling for adolescents and adults. Youth and family issues. Assessment and treatment of substance abuse disorders. Forensic psychology, trauma counselling, stress and anger management, workplace issues, crisis intervention, mood and personality disorders.

Dr Sally Thomason

Jacaranda Psychological Services
178 Pound St,
Grafton NSW 2460

Telephone: 02 6643 4242
thomason@dragnet.com.au

Areas of specialisation: Depression, anxiety, trauma, suicide, emotionally abusive relationships, rehabilitation, pain management, work place bullying.

Cheryl Walsh

North Coast Psychology
28 Safety Beach Drive
Safety Beach NSW 2456

Telephone: 02 6654 1352

Facsimile: 02 6654 9257

cawalsh@dodo.com.au

Areas of specialisation: Psychological services for children, adolescents and adults. Individual, couple and family therapy. VVCS accredited.

COFFS HARBOUR SUBDIVISION

Allan Anderson

122 West High Street
Coffs Harbour NSW 2450

Mobile: 0419 860 491
allananderson@bigpond.com

Areas of specialisation: Mental health assessment and therapy; depression; anxiety; drug/alcohol assessment and therapy, including relapse prevention, trauma counselling adjustment to ageing, including dementia, anger management; grief/loss bereavement

Judi Bray-Ferguson

553 Upper Orara Road,
Upper Orara NSW 2450

Telephone: 02 6653 8603

Areas of specialisation: Individual: Grief, loss, life transition stages, depression, anxiety, drug & alcohol

Adrian Caporale

Suite 6, 60-62 Albany Street
Coffs Harbour NSW 2450

Telephone: 02 6651 7717
Facsimile: 02 6651 7737
Mobile: 0429 778 755
acaporale@bigpond.com

Areas of specialisation: Mental health counselling for: mood disorders, anxiety disorders, stress management, adjustment disorders, psychotic disorders, men's health, grief and loss, adjustment to injury/pain management, child/adolescent behavioural problems, homosexuality and workers compensation.

Sara Croft

Suite 6, 60-62 Albany Street
Coffs Harbour NSW 2450

Telephone: 02 6651 7717
Facsimile: 02 6651 7737
Mobile: 0422 299 095
saracroft@aapt.net.au

Areas of specialisation: Anxiety disorders, depression, adjustment disorders, eating disorders, trauma, couple counselling and children's behavioural problems. Also, special interest in families, women's issues and indigenous people.

Ann Crane (Occupational therapist)

Early Childhood Intervention Building
13 Kane Crescent
Coffs Harbour NSW 2450

Telephone: 02 6652 8080
Facsimile: 02 6652 6039
Mobile: 0409 090 014 (preferred)
cranes1@bigpond.net.au

Areas of specialisation: Specialist Paediatric Occupational Therapist- Aspergers/ Autism/ ADHD/ Learning Difficulties. Certified Therapeutic Listening Therapist. The use of specific Functional OT Assessments, Workplace Assessment, Strategies to assist stress reduction, Skills Training (including Stress Management, Goal Setting and Problem Solving) up skilling parents to manage and understand the issues affecting their children's outcomes. Techniques used are focused psychological and sensory strategies that are utilised in OT treatment and are proven to facilitate and maintain the individuals' independence and wellbeing. Assessment and Treatment is time limited and solution focused. Areas of special interest are children and adults with sensory sensitivities which impact upon behaviour, learning and social skills. This may be presenting as anxiety, task avoidance, food phobias, school refusal or social withdrawal.

Kerrie Dennis (TIMM)

Level 1, 51 Grafton Street, Coffs Harbour NSW 2450
Suite 2C, 62 Beach Street, Woolgoolga NSW 2456

Telephone: 02 6651 8297
Facsimile: 02 6651 2927
Mobile: 0422 010 066
kerrie@timm.net.au

Areas of specialisation: Anxiety, depression, self esteem, PTSD, alcohol reduction, couples counselling, psychological work conditioning and workers compensation cases. **Delivers GP Psychology Service at Woolgoolga (no cost)**

Gaye Ellis

19 Park Beach Road
Coffs Harbour NSW 2450

Telephone: 02 6651 6477
Facsimile: 02 6651 6477
gayellis@optusnet.com.au

Areas of specialisation: General counselling, sexual assault, anxiety management, stress management.

**Bob Ferguson
(Social worker)**

553 Upper Orara Road,
Upper Orara NSW 2450

Telephone: 02 6653 8603
Mobile: 0408 194 812
brayferg65@hotmail.com

Areas of specialisation: Family, marriage and relationship counselling, individual counselling and psychotherapy. Trauma counselling, using E.M.D.R (Eye Movement Desensitisation and Reprocessing), Medicare recognized counsellor for anxiety and depression.

Helen Gibson

Clear Solutions Psychological Services,
Shop 7/78 Bray Street,
Coffs Harbour NSW 2450

Telephone: 02 6652 9181
Facsimile: 02 6655 4922
Mobile: 0448 332 278
www.csps.net.au email: info@csps.net.au

Areas of specialisation: Crisis intervention, conflict resolution, trauma, Post Traumatic Stress Disorder. Self-esteem enhancement, eating disorders, depression, anxiety, panic, agoraphobia. Stress management, sleep difficulties, relaxation training. Grief and loss, adjustment disorders, relationship breakdown. Alcohol and other drugs issues. Personality disorders. Anger management, behavioural problems. Social skills training. Psychological/Personality Assessments. Return to work co-ordination. Individual adult, adolescent, couple and family counselling. Assessment and preparation of Pre-Sentence Reports. Areas of interest, adult survivors of abuse, indigenous people, women's issues, adolescents, older adults. Interventions: Short solution-focused therapy, CBT, Clinical Hypnotherapy. Clients may be seen at Woolgoolga on request.

Lina Good

15 Bligh Drive, Middle Boambee NSW 2450
PO Box 589, Toormina NSW 2452

Telephone: 02 6658 9033
Facsimile: 02 6658 9032
goodkg@iinet.net.au

Areas of specialisation: Anxiety/trauma issues.

Yvette Greenhalgh
(Clinical Psychologist)

Suite 5, 1 Duke Street
Coffs Harbour NSW 2450
PO Box 1481, Coffs Harbour NSW 2450

Mobile: 0428 564 812
Facsimile: 02 6652 8821
ygreenhalgh@bigpond.com.au

Areas of specialisation: The assessment and treatment of older adolescents and adults suffering a range of psychological difficulties including depression, panic disorder, generalised anxiety, OCD, anorexia nervosa, bulimia nervosa, binge eating and adjustment disorder. Worker's compensation cases welcomed

Andrew Grey
(Consultant Clinical Psychologist)

79 West High Street
Coffs Harbour NSW 2450

Phone: 02 6653 5734
Mobile: 0407 334 117
drandrewgray@gmail.com.au

Areas of specialisation: Panic Disorder, OCD, Trauma/PTSD, generalised anxiety disorder, social and specific phobias; depression and relapse prevention for depression; complex grief and relationship difficulties. Population of interest: adolescents and adults. Therapy format: Individuals, couples and groups. Specialist in Cognitive Behavioural Therapy (CBT). Considerable experience in working with and teaching Acceptance and Commitment Therapy (ACT) and Mindfulness-Based Cognitive Therapy (MBCT).

Annette Guteridge
Please contact Ms Guteridge first before making referral.

Coffs Harbour NSW 2450
Toormina NSW 2452
Woolgoolga NSW 2456
PO Box 6712 Coffs Harbour NSW 2450

Telephone: 02 6651 4908
Facsimile: 02 6651 4914
Mobile: 0410 350 274
guteridgea@bigpond.com

Areas of specialisation: General counselling and positive psychology for adolescents and adults, stress management, clients with terminal or potentially terminal illness, trauma, grief and loss, adult survivors of childhood abuse. Welcomes Medicare Referrals at Woolgoolga and Coffs Harbour

Elizabeth Hagl

PCYC, Bray Street
Coffs Harbour NSW 2450

Telephone: 0432 606 815
jirehe@optusnet.com.au

Areas of specialisation: Psychological and counselling services for children, adolescents and their families. Victims of Crime approved counsellor. Transcultural counselling.

Teresa Huggett
(Social Worker)

Red & White Medical Centre
Corner Argyll Street & Pacific Highway
Coffs Harbour NSW 2450

Mobile: 0439 914 676
teresa.huggett1@bigpond.com

Areas of specialisation: Children and adults; individual and family counselling; anxiety, depression, grief and loss, stress management, relationship counselling, perinatal mental health. Accredited mental health social worker.

Johanna Johnson

Red & White Medical Centre
Corner Argyll Street & Pacific Highway
Coffs Harbour NSW 2450

Telephone: 02 6655 0269
Mobile: 0421 425 815
jo.pjohnson@bigpond.com

Areas of specialisation: Generalist counselling for adults, couples, adolescents including counselling for adjustment disorders, depression, anxiety, stress, anger management and trauma symptoms as well as relationship issues and grief and loss support. Medicare referrals welcome.

Monica Joseph (Social Worker)

79 West High Street
Coffs Harbour NSW 2450
PO Box 1406, Coffs Harbour NSW 2450

Telephone: 02 6653 8112
Facsimile: 02 6653 8112
Mobile: 0409 797 700
mfjoseph@iprimus.com.au

Areas of specialisation: Mental health issues, personal and work related stress, adjustment to disability, loss of direction, grief and loss, depression, anxiety, perinatal depression, individual and family counselling, relationship counselling. VVCS accredited. Accredited mental health social worker.

Zorica Kish

McCombie Associates
68 Albany Street
Coffs Harbour NSW 2450

Telephone: 02 6652 2825
Facsimile: 02 6651 6756
zkish@hotmail.com

Areas of specialisation: Depression, anxiety disorders, pain management, trauma, carers support, life transition issues, grief and loss, eating disorders, stress management, work-related issues, relationship and communication issues, relaxation techniques, domestic violence, family issues, learning difficulties. Registered with Medicare, EAP.

Claire Latham

Suite 1/71 Albany Street,
Coffs Harbour NSW 2450

Telephone: 02 6652 8562
Facsimile: 02 6652 8562
Mobile: 0488 677 391
clairelatham@aapt.net.au

Areas of specialisation: Assessment and treatment of individuals (12+ years) for: depression, anxiety disorders, post traumatic stress disorder, school/workplace problems, stress management, assertive communication, weight loss and self-esteem problems, grief and loss, chronic illness and other major life changes. Interest in indigenous and adolescent issues. Critical Incident Stress Debriefing, EAP and Workers Compensation clients welcomed. Available for some after-hours sessions according to client needs, by prior negotiation.

Kathleen Lindsay

Positive Outlook Psychological Services
77 Raleigh Street
Coffs Harbour NSW 2450

Mobile: 0418 247 073
kathlindsay@achieveoutcomes.com.au

Areas of specialisation: Suicide related issues, people with physical & intellectual disabilities, chronic pain, depression, Workers Compensation

Charles Lucas

McCombie Associates
68 Albany Street
Coffs Harbour NSW 2450

Telephone: 02 6652 2825
Facsimile: 02 6651 6756
clucas@tpg.com.au

Areas of specialisation: Depression; Anxiety & phobias; Grief & Loss; Life transition & adjustment issues; Relationship therapy; Neuropsychological, Psychological & Vocational assessment; Intellectual disability; Rehabilitation/Injury counselling & assessment; Autistic Spectrum Disorder; Posttraumatic Stress Disorder. Therapeutic approaches & Interventions include, CBT, Transactional Analysis, Clinical Hypnosis & EMDR.

Dr Stuart Mann
(Clinical Psychologist)

AXIS Counselling
Suite 3/222 Harbour Drive
PO Box 527
Coffs Harbour NSW 2450

Telephone: 02 6650 9042
Facsimile: 02 6652 5044
Mobile: 0434 005 492
stuart@axiscounselling.com.au

Areas of specialisation:

Treatment - Focus on PTSD/trauma (victims of crime, war veterans/peace-keepers, personal injury), chronic mental illness and general psychopathology.

Assessment and Reports - WorkCover, Forensic (Victims compensation, Court reports) and Competency.

Populations of Interest - Adolescents, adults (including elderly) and Indigenous.

Accreditation - DVA, Medicare, Victims of Crime, Carers and Employee Assistance Programs (EAP).

Denise Marshall

79 West High Street
PO Box 8016
Coffs Harbour NSW 2450

Telephone: 02 6651 5811
Facsimile: 02 6651 5810
marshall@tsn.cc

Areas of specialisation: Grief/loss/bereavement, depression, anxiety, drug & alcohol, sexual assault, relationship counselling, health, rehabilitation & Work Cover matters.

Wendy McCartney
Counselling and Forensic Psychology
FAPS

3/26 Bonville Street
Urunga NSW 2455

Telephone: 02 6569 5272
Mobile: 0417 695 007
wendymccartney@optusnet.com.au

Areas of specialisation: Depression, anxiety conditions, trauma/PTSD, assaults, including sexual assaults, crisis intervention, relationships, grief and loss issues, student issues, youth issues. Pre-Sentencing Reports, Medico-Legal Reports; Workers Compensation. Registered with: Department of Veterans' Affairs; Vietnam Veterans' Counselling Service; Victims of Crime; EAP provider.

Warwick McClelland
(Clinical Psychologist)

Suite 5, 1 Duke Street
Coffs Harbour NSW 2450

Mobile: 0407 776 675
warwickmcclelland@yahoo.com.au

Areas of specialisation: All anxiety disorders (including trauma); depression; D&A; grief and loss; adjustment issues; family, relationship and interpersonal difficulties; and anger. Accept clients of all ages. Specialising in Acceptance and Commitment Therapy.

McCombie Associates

68 Albany Street
Coffs Harbour NSW 2450

Telephone: 02 6652 2825
Facsimile: 02 6651 6756
mcpsych1@uss.net.au

Areas of specialisation: anxiety, pain, personality, eating disorders, depression, family relationships, trauma: War, DVA accredited, domestic violence and sexual assault. Victims of Crime accredited and Workers' Compensation.

Lynda Melville
(Clinical Psychologist)

Suite 5, 1 Duke Street
Coffs Harbour NSW 2450

Telephone: 02 6652 5883
Facsimile: 02 6652 8821
Mobile: 0412 469 147
lyndamel@ozemail.com.au

Areas of specialisation: Assessment and treatment of adolescents (16+) and adults with anxiety disorders, adjustment disorders and life transition issues, depression and mood disorders, Post-traumatic stress disorder, health-related issues, and work problems.

Richard Miller

122 West High Street,
Coffs Harbour NSW 2450

Telephone: 02 6643 2957
Facsimile: 02 6644 9377
Mobile: 0437 004 010
richardmiller@ozemail.com.au

Areas of specialisation: General counselling for adolescents and adults. Youth and family issues. Assessment and treatment of substance abuse disorders. Forensic psychology, trauma counselling, stress and anger management, workplace issues, crisis intervention, mood and personality disorders.

Alice Munnings

79 West High Street,
Coffs Harbour NSW 2450

Mobile: 0414 526 547
alicemunnings@yahoo.com.au

Areas of specialisation: Works with adults and the elderly, including adolescents 18+. Covering: adjustment difficulties; relationship problems; trauma, grief & loss; mental health issues; depression, stress, anxiety disorders and phobias; survivors of childhood sexual abuse; carer stress. Special interest in problems of the elderly. Special expertise in transcultural counselling for migrants, refugees and international students.

Christina North

73 Yarramen Road, Bonville NSW 2441
PO Box 298, Toormina NSW 2452

Telephone: 02 6653 4894
Facsimile: 02 6653 4893

Areas of specialisation: Trauma counselling, grief and loss, anxiety, depression, adult counselling, older people. **Delivers GP Psychology Service at Urunga and Nambucca Valley (no cost)**

Bill O'Hehir

31 Bangalow Terrace
Sawtell NSW 2452

Telephone: 02 6658 8231
Mobile: 0488 550 790
boh@hot.net.au

Areas of specialisation: Depression and anxiety disorders, relationship problems, sexual dysfunction with males, men's issues, PTSD, work with veterans, medico legal reports, work related stress.

Helen Oliver

79 West High Street
Coffs Harbour NSW 2450

Telephone: 0412 756 807
Helo@westnet.com.au

Areas of specialisation: Depression, anxiety & stress management, PTSD, pain management & problem solving. Workcover.

Adam Patrech (TIMM)

Level 1, 51 Grafton Street, Coffs Harbour NSW 2450
13 Eckford Close, Boambee East NSW 2450
19 Market Street, Woolgoolga NSW 2456

Telephone: 02 6658 5979
Facsimile: 02 6658 5927
adam@timm.net.au

Areas of specialisation: Psychological assessment and counselling . Vietnam Veteran Counselling Service (VVCS), EAP Counselling . Comcare accredited provider. Workcover accredited rehabilitation provider and workers compensation specialists. Male and female counsellors available. After-hours appointments upon request. Accredited mediators available. **Delivers GP Psychology Service at Woolgoolga (no cost).**

**Bruce Petersen
(Clinical Psychologist)**

Coffs Medical Centre
42-44 Gordon Street
Coffs Harbour NSW 2450

Telephone: 02 6648 5222
Facsimile: 02 6652 2883
bruce.petersen@hotmail.com

Areas of specialisation: Mental health counselling (adults, children and adolescents). Neuropsychological assessments. Twenty five years clinical psychologist and fifteen years expert court witness

**Dr Susan Priest
(Clinical Psychologist)**

79 West High Street
Coffs Harbour NSW 2450

Mobile: 0412 613 381
s.priest@unsw.edu.au

Areas of specialisation: Women's mental health, stress, anxiety, depression and Perinatal and infant mental health issues, fertility/infertility and pregnancy related counselling

**Dr Kevin Pyle
(Clinical Psychologist)**

Garden Terrace, 2/6 Elbow Terrace
Coffs Harbour NSW 2450

Telephone: 02 6650 0998
Facsimile: 02 6650 0918
neurofeedbackclinic@gmail.com

Areas of specialisation: Child & adolescents psychology, ADHD, use of neurofeedback and biofeedback computerised systems.

**Verity Stoker
(Clinical Psychologist)**

Stoker & Associates Psychological Services Pty Ltd
Stoker House. Park Ave & Gordon St, Coffs Harbour 2450
11 Campbell Close, Korora NSW 2450

Telephone: 02 6653 7489
verity@stokerandassociates.com

Areas of specialisation: Post Natal Depression (PND), Anxiety disorders and Depression, Workplace health, Pain management and workers compensation. Works with adults.

Zahira Tolhurst
(Clinical Psychologist)

Suite 5, 1 Duke Street
Coffs Harbour NSW 2450

Mobile: 0423 918 795
zahiratolhurst@yahoo.com.au

Areas of specialisation: Children, Adolescents and their families. Assessment, diagnosis and treatment of a wide range of childhood and adolescent disorders, including anxiety, depression, trauma and learning disorders. Also available: generalist counselling, family support and educational psychology. Psychometric testing available upon application, excludes some populations, please enquire before referral. The Autism Diagnostic Observation Schedule (ADOS) and Autism Diagnostic Interview-Revised (ADI-R) assessments for screening for Autistic Spectrum Disorders are now available.

Cheryl Walsh

North Coast Psychology
28 Safety Beach Drive
Safety Beach NSW 2456

Telephone: 02 6654 1352
Facsimile: 02 6654 9257
Mobile 0405 783 097
cawalsh@dodo.com.au

Areas of specialisation: Psychological services for children, adolescents and adults. Individual, couple and family therapy. VVCS accredited.

Anne-Louise Wilkins

McCombie Associates
68 Albany Street
Coffs Harbour NSW 2450

Telephone: 02 6652 2825
Facsimile: 02 6651 6756
mcpsych1@uss.net.au

Areas of specialisation: Depression, anxiety, trauma, stress management, pain management, bereavement, personality, child and adolescent emotional and behavioural problems. Registered with: Victims Services, Medicare and EAP providers. Workers' compensation.

Lynn Wright

19 Market Street, Woolgoolga NSW 2456
Post: PO Box 386 Woolgoolga NSW 2456

Telephone: 02 6654 2477
Facsimile: 02 6654 2444
wphysio@westnet.com.au

Areas of specialisation: Individual: Depression, anxiety and panic, trauma, crisis intervention, work/life stress management, communication, headache, chronic pain. ***Delivers GP Psychology Service in Woolgoolga & Coffs Harbour (no cost)***

BELLINGEN SUBDIVISION

Johanna Johnson

Bellingen NSW 2454

Telephone: 02 6655 0269

Mobile: 0421 425 815

jo.pjohnson@bigpond.com

Areas of specialisation: Generalist counselling for adults, couples, adolescents including counselling for adjustment disorders, depression, anxiety, stress, anger management and trauma symptoms as well as relationship issues and grief and loss support. Medicare referrals welcome.

Wendy McCartney

Counselling and Forensic Psychologist.
FAPS

3/26 Bonville Street

Urunga NSW 2455

Telephone: 02 6569 5272

Mobile: 0417 695 007

wendymccartney@optusnet.com.au

Areas of specialisation: Depression, anxiety conditions, trauma/PTSD, assaults, including sexual assaults, crisis intervention, relationships, grief and loss issues, student issues, youth issues. Pre-Sentencing Reports, Medico-Legal Reports; Workers Compensation. Registered with: Department of Veterans' Affairs; Vietnam Veterans' Counselling Service; Victims of Crime; EAP providers.

Lynda Melville (Clinical Psychologist)

Banksia Cottage

6 William Street, Bellingen NSW 2454

PO Box 442. Bellingen NSW 2454

Telephone: 02 6652 5883

Facsimile: 02 6652 8821

Mobile: 0412 469 147

lyndamel@ozemail.com.au

Areas of specialisation: Assessment and treatment of adolescents (16+) and adults with anxiety disorders, adjustment disorders and life transition issues, depression and mood disorders, Post-traumatic stress disorder, health-related issues, and work problems.

Alice Munnings

Dorrigo Hospital, Dorrigo NSW 2453

Mobile: 0414 526 547

alicemunnings@yahoo.com.au

Areas of specialisation: Works with adults and the elderly, including adolescents 18+. Covering: adjustment difficulties; relationship problems; trauma, grief & loss; mental health issues; depression, stress, anxiety disorders and phobias; survivors of childhood sexual abuse; carer stress. Special interest in problems of the elderly. Special expertise in transcultural counselling for migrants, refugees and international students.

Bill O'Hehir

The Old Council Chambers

Room 5, 1 Oak Street,

Bellingen NSW 2454

Telephone: 02 6658 8231

Mobile: 0488 550 790

boh@hot.net.au

Areas of specialisation: Depression and anxiety disorders, relationship problems, sexual dysfunction with males, men's issues, PTSD, work with veterans, medico legal reports, work related stress.

Dr Susan Priest
(Clinical Psychologist)

"Alchemy", 1/105-109 Hyde Street,
Bellingen NSW 2454

Mobile: 0412 613 381
s.priest@unsw.edu.au

Areas of specialisation: Women's mental health, stress, anxiety, depression and Perinatal and infant mental health issues, fertility/infertility and pregnancy related counselling.

Annemarie Wilson
(Clinical Psychologist)

PO Box 330
Bellingen NSW 2454

Mobile: 0413 845 681
annmaree4@yahoo.com

Areas of specialisation: PTSD, anxiety and depression (adults). **Delivers GP Psychology service in Dorrigo only.**

NAMBUCCA VALLEY SUBDIVISION

Lisa Hanson (Clinical Psychologist)

4 River Street, Macksville NSW 2447
PO Box 409, Macksville NSW 2447

Telephone: 02 6568 1177
Facsimile: 02 6568 3467
Mobile: 0414 350 761
L.RAZCAT@bigpond.com.au

Areas of specialisation: Experience working with individual adults, adolescents (15+) and families. Anxiety, mood and adjustment disorders, PTSD, trauma, sexual assault, grief, Worker's Compensation/rehabilitation, managing stress, adjustment to change/injury/illness/pain. EMDR trained.

Amanda Harris

Aboriginal Medical Service
Gumbayngiri Road, Bowraville NSW 2449

Telephone: 02 6564 7005
Facsimile: 02 6564 8179
Mobile: 0427 551 294

Areas of specialisation: Generalist psychological services for adults. Depression, anxiety disorders and trauma. **Delivers GP Psychology service in Bowraville (no cost).** *Not a Medicare Accredited Provider*

Claire Latham

Nambucca Healthcare Centre
2-6 Willunga Avenue, Nambucca Heads NSW 2448

Telephone: 02 6568 8688
Facsimile: 02 6658 8666
Mobile: 0488 677 391
clairelatham@aapt.net.au

Areas of specialisation: Assessment and treatment of individuals (12+ years) for: depression, anxiety disorders, post traumatic stress disorder, school/workplace problems, stress management, assertive communication, weight loss and self-esteem problems, grief and loss, chronic illness and other major life changes. Interest in indigenous and adolescent issues. Critical Incident Stress Debriefing, EAP and Workers Compensation clients welcomed

Wendy McCartney Counselling and Forensic Psychologist FAPS

3/26 Bonville Street
Urunga NSW 2455

Telephone: 02 6569 5272
Mobile: 0417 695 007
wendymccartney@optusnet.com.au

Areas of specialisation: Depression, anxiety conditions, trauma/PTSD, assaults, including sexual assaults, crisis intervention, relationships, grief and loss issues, student issues, youth issues. Pre-Sentencing Reports, Medico-Legal Reports; Worker's Compensation. Registered with: Department of Veterans' Affairs; Vietnam Veterans' Counselling Service; Victims of Crime; EAP provider.

Peter McGrath

4 River Street
Macksville NSW 2447

Nambucca Valley Youth Service
48 Ridge Street Nambucca Heads NSW 2448

Mobile: 0437 915 217
peter.mcgrath4@bigpond.com

Areas of specialisation: Specialising in individual and relationship counselling working with couples, families, adolescents and children over a full range of issues. **Also delivers counselling for young people (12-25 years) through Headspace Mid North Coast-Nambucca Heads and Dorrigo.**

Christina North

5 Mann Street, Nambucca Heads NSW 2448
PO Box 73, Nambucca Heads NSW 2448

Telephone: 02 6653 4894
Facsimile: 02 6568 5093

Areas of specialisation: Trauma counselling, grief and loss, anxiety, depression, adult, older people.
Delivers GP Psychology Service in Nambucca Valley (no cost)

Lynne Plummer

5 Mann Street, Nambucca Heads NSW 2448
PO Box 73, Nambucca Heads NSW 2448

Telephone: 02 6568 5107
Facsimile: 02 6568 5093

Areas of specialisation: Adult counselling, depression, perinatal depression, anxiety disorders, phobias, trauma, grief and loss, older people. **Delivers GP Psychology Service in Nambucca Valley 4 days per week (no cost)**

Janet Sainsbury

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Areas of specialisation: Works with children, adolescents and families. Individual adult counselling, including Victims Services, EAP and Work cover referrals. Court reports accepted. Mediation services provided.



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