

**Better Access Initiative**

**Mid North Coast**

**Mental Health  
Practitioners**

*Issue 6 – June 2008*



# GRAFTON SUBDIVISION

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## Judi Bray-Ferguson

137 Alice Street  
Grafton NSW 2460

Telephone: 02 6643 3409  
Facsimile: 02 6643 5767

### Areas of specialisation

Individual: Grief, loss, life transition, depression, anxiety, drug & alcohol  
**Delivers GP Psychology Service in Grafton 3 days per week (no cost).**

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## Chris Collyer

*Please contact Ms Collyer  
first before making referral  
under Better Access.*

Suite 7, 39 Prince Street  
Grafton NSW 2460

Telephone: 02 6643 1772  
Facsimile: 02 6643 1772  
[ccollyer2004@yahoo.com.au](mailto:ccollyer2004@yahoo.com.au)

### Areas of specialisation

Cognitive assessments, children and families, PTSD, mood disorders, anxiety depression, behavioural problems, workplace issues, conflict resolution and mediations, grief and loss.

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## Bob Ferguson (Social Worker)

137 Alice Street  
Grafton NSW 2460

Telephone: 02 6653 8603  
Mobile: 0408 194 812  
[brayferq65@hotmail.com](mailto:brayferq65@hotmail.com)

### Areas of specialisation

Relationship, family, separation and individual counselling, grief and loss, trauma.

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## Elizabeth Hagl

Mobile: 0432 606 815  
[jirehe@optusnet.com.au](mailto:jirehe@optusnet.com.au)

### Areas of specialisation

Psychological and counselling services for children, adolescents and their families. Victims of Crime approved counsellor. Trans cultural counselling.

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## Michael Howe

11 Union Street, Maclean NSW 2463  
6 River Street, Yamba NSW 2464

Telephone: 02 6645 8740  
Facsimile: 02 6645 8740  
Mobile: 0412 979 869

### Areas of specialisation

Assessment & treatment of major psychiatric disorders of adults, drug & alcohol problems, differential diagnosis of dementia, mood and anxiety disorders.

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**Peter Jenkins**

Grafton / Yamba

Telephone: 0408 811 955

Facsimile: 02 6642 3521

[Ceas2000@hotmail.com](mailto:Ceas2000@hotmail.com)**Areas of specialisation**

Over 30 years clinical experience working with children, adolescents and adults. Preferred modalities include Cognitive Behaviour Therapy, (CBT), Interpersonal Psycho-Therapy (IPT) and Brief Solution-Focussed Therapy. Scope includes generalist counselling, educational psychology, victims of crime, trauma, stress, depression, personal injury support, chronic pain management, workers compensation and motor accident claims.

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**Dr Stuart Mann  
(Clinical Psychologist)**

137 Alice Street

Grafton NSW 2460

Telephone: 02 6659 2045

Facsimile: 02 6656 4526

Mobile: 0434 005 492

[stuart@axiscounselling.com.au](mailto:stuart@axiscounselling.com.au)**Areas of specialisation**

Assessment and Treatment (Individual, Group and Family) - Depression, anxiety and panic (including agoraphobia), drug and alcohol, trauma/PTSD, crisis intervention, anger management and communication.

Populations of Interest - Children, adolescents, adults (including elderly) and Indigenous people.

- Forensic psychology (Assessment - Pre sentencing reports. Treatment - Victims of crime.

Education – Students, organisations.

Accreditation – DVA, Medicare, Victims of Crime and EAP

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**Dr Sally Thomason**

Grafton Well Being Centre,

93 Fitzroy Street

Grafton NSW 2460

Telephone: 02 6643 3466

Facsimile: 02 6643 3664

[thomason@dragnet.com.au](mailto:thomason@dragnet.com.au)**Areas of specialisation**

Depression, anxiety, trauma, suicide, emotionally abusive relationships, rehabilitation, pain management, work place bullying.

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**Cheryl Walsh**

North Coast Psychology Service

28 Safety Beach Drive

Safety Beach NSW 2456

Telephone: 02 6654 1352

Facsimile: 02 6654 9257

[cawalsh@dodo.com.au](mailto:cawalsh@dodo.com.au)**Areas of specialisation**

Mental health assessment and case management, psychological services for children, adolescents and adults, individual and family therapy .VVCS accredited

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# COFFS HARBOUR SUBDIVISION

**Allan Anderson**  
(Clinical psychologist)

122 West High Street  
Coffs Harbour NSW 2450

Mobile: 0419860491  
[allanderson@bigpond.com](mailto:allanderson@bigpond.com)

**Areas of specialisation**

Mental health assessment and therapy; depression; anxiety; drug/alcohol assessment and therapy, including relapse prevention; trauma counselling; forensic psychology; adjustment to ageing, including dementia; anger management; grief/loss/bereavement; rehabilitation and work cover matters.

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**Judi Bray-Ferguson**

553 Upper Orara Road,  
Upper Orara NSW 2450

Telephone: 02 6653 8603

**Areas of specialisation**

Individual: Grief, loss, life transition stages, depression, anxiety, drug & alcohol

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**Adrian Caporale**

Suite 6, 60-62 Albany Street  
Coffs Harbour NSW 2450

Telephone: 02 6651 7717  
Facsimile: 02 6651 7737  
Mobile: 0429 778 755  
[acaporale@bigpond.com](mailto:acaporale@bigpond.com)

**Areas of specialisation**

Mental health counselling- depression/suicide, anxiety, schizophrenia, bipolar disorder, adjustment disorders, drug and alcohol, men's health issues including erectile dysfunction/premature ejaculations and homosexuality, grief and loss, anger management, pain management, sexual assault (victims and perpetrators), child/adolescent behavior problems, domestic violence, personality disorders, work-related stress/workers compensation, and chronic medical illnesses. Counselling available for Individuals, Couples and Families. Children, Adolescence and Adults. Holistic treatment of psychological problems. Certificate in Cognitive Behaviour Therapy (CBT)

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**Ann Crane**  
(Occupational therapist)

Early Childhood Intervention Building  
13 Kane Crescent  
Coffs Harbour NSW 2450

Telephone: 02 66528080  
Facsimile: 02 66526039  
Mobile: 0409090014 (preferred)

[cranes1@bigpond.net](mailto:cranes1@bigpond.net)

**Areas of specialisation**

Specialist Paediatric Occupational Therapist- Aspergers/ Autism/ ADHD/ Learning Difficulties. The use of specific Functional OT Assessments, Workplace Assessment, Strategies to assist stress reduction, Skills Training (including Stress Management, Goal Setting and Problem Solving) up skilling parents to manage and understand the issues affecting their children's outcomes. Techniques used are focused psychological and sensory strategies that are utilised in OT treatment and are proven to facilitate and maintain the individuals' independence and wellbeing. Assessment and Treatment is time limited and solution focused.

Areas of special interest are children and adults with sensory sensitivities which impact upon behaviour, learning and social skills. This may be presenting as anxiety, task avoidance, food phobias, school refusal or social withdrawal.

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**Sara Croft**

Suite 6, 60-62 Albany Street  
Coffs Harbour NSW 2450

Telephone: 02 6658 4958  
Facsimile: 02 66517737  
Mobile: 0422 299 095

[saracroft@aapt.net.au](mailto:saracroft@aapt.net.au)

**Areas of specialisation**

Anxiety disorders, depression, adjustment disorders, eating disorders, trauma, couple counselling and children's behavioural problems. Also, special interest in families, women's issues and indigenous people.

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**Kerri Dene**

Women's Health Centre  
74 Victoria Street  
Coffs Harbour NSW 2450

Telephone: 02 6652 8111

[kdene1@optusnet.com.au](mailto:kdene1@optusnet.com.au)

**Areas of specialisation**

Working with women, loss & grief, depression, adjustment difficulties, stress, carer stress, anxiety

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**Kerrie Dennis (TIMM)**

Level 1, 51 Grafton Street, Coffs Harbour NSW 2450  
19 Market Street, Woolgoolga NSW 2456

Telephone: 02 6651 8297

Facsimile: 02 6651 2927

Mobile: 0422 010 066

[Kerrie@timm.net.au](mailto:Kerrie@timm.net.au)

**Areas of specialisation**

Anxiety, depression, self esteem, PTSD, alcohol reduction, psychological work conditioning

**Delivers GP Psychology Service at Woolgoolga (no cost)**

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**Gaye Ellis**

19 Park Beach Road  
Coffs Harbour NSW 2450

Telephone: 02 6651 6477  
Facsimile: 02 6651 6477  
[gayellis@optusnet.com.au](mailto:gayellis@optusnet.com.au)

**Areas of specialisation**

General counselling, sexual assault, anxiety management, stress management.

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**Bob Ferguson**  
(Social worker)

553 Upper Orara Road,  
Upper Orara NSW 2450

Telephone: 02 6653 8603  
Mobile: 0408 194 812  
[brayferg65@hotmail.com](mailto:brayferg65@hotmail.com)

**Areas of specialisation**

Relationship, family, separation and individual counselling, grief and loss, trauma.

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**Lina Good**

15 Bligh Drive,  
Middle Boambee NSW 2450  
PO BOX 589, Toormina NSW 2452

Telephone: 02 6658 9033  
Facsimile: 02 6658 9032  
[goodkg@bigpond.net.au](mailto:goodkg@bigpond.net.au)

**Areas of specialisation**

Anxiety/trauma issues.

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**Helen Gibson**  
(Forensic Psychologist)

Clear Solutions Psychological Services,  
Shop 7/78 Bray Street,  
Coffs Harbour NSW 2450

Telephone: 0448 332 278  
Facsimile: 02 6655 4922  
[www.csps.net.au](http://www.csps.net.au) email: [info@csps.net.au](mailto:info@csps.net.au)

**Areas of specialisation**

Crisis intervention, conflict resolution, trauma, Post Traumatic Stress Disorder. Self-esteem enhancement, eating disorders, depression, anxiety, panic, agoraphobia. Stress management, sleep difficulties, relaxation training. Grief and loss, adjustment disorders, relationship breakdown. Alcohol and other drugs issues. Personality disorders. Anger management, behavioural problems. Social skills training. Psychological/Personality Assessments. Return to work co-ordination. Individual adult, adolescent, couple and family counselling. Assessment and preparation of Pre-Sentence Reports. Areas of interest, adult survivors of abuse, indigenous people, women's issues, adolescents, older adults. Interventions: Short solution-focused therapy, CBT, Clinical Hypnotherapy. Clients may be seen at Woolgoolga on request.

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**Yvette Greenhalgh**  
(Clinical Psychologist)

Kimberley House  
222/51A Little Street  
Coffs Harbour NSW 2450  
PO Box 1481, Coffs Harbour NSW 2450  
Mobile: 0428 564 812  
[ygreenhalgh@bigpond.com.au](mailto:ygreenhalgh@bigpond.com.au)

**Areas of specialisation**

The assessment and treatment of older adolescents and adults suffering a range of psychological difficulties including depression, panic disorder, generalised anxiety, OCD, anorexia nervosa, bulimia nervosa, binge eating and adjustment disorder. Worker's compensation cases welcomed

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**Annette Guteridge**

*Please contact Ms Guteridge  
first before making referral.*

PO Box 6712  
Coffs Harbour NSW 2450

Telephone: 02 6651 4908  
Facsimile: 02 6651 4914  
Mobile: 0410 350 274  
[guteridgea@bigpond.com](mailto:guteridgea@bigpond.com)

**Areas of specialisation**

General counselling for adolescents and adults, stress management, clients with terminal or potentially terminal illness, trauma, grief and loss, adult survivors of childhood abuse. Delivers GP Psychology Service at Woolgoolga and welcomes Medicare Referrals at Woolgoolga, and Coffs Harbour

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**Elizabeth Hagl**

Coffs Harbour Neighbourhood Centre  
Earl Street  
Coffs Harbour NSW 2450

Telephone: 0432 606 815  
[jirehe@optusnet.com.au](mailto:jirehe@optusnet.com.au)

**Areas of specialisation**

Psychological and counselling services for children, adolescents and their families. Victims of Crime approved counsellor. Trans cultural counselling. Counselling through Headspace Mid North Coast.

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**Johanna Johnson**

Red & White Medical Centre  
Corner Argyle Street & Pacific Highway  
Coffs Harbour NSW 2450

Telephone: 02 6655 0269  
Mobile: 0421 425 815  
[jjohnson@netspace.net.au](mailto:jjohnson@netspace.net.au)

**Areas of specialisation**

Generalist counselling (adults, couples, adolescents).

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**Monica Joseph**  
(Social Worker)

122 West High Street  
Coffs Harbour NSW 2450  
PO Box 1406, Coffs Harbour NSW 2450

Phone/Fax 02 6653 8112  
Mobile: 0409 797 700  
[mfjoseph@jprimus.com.au](mailto:mfjoseph@jprimus.com.au)

**Areas of specialisation**

Mental health issues, personal and work related stress, adjustment to disability, loss of direction, grief and loss, depression, anxiety, individual and family counselling, relationship counselling.

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**Prudence Kirkby**

Progression Psychology Services  
PO Box 9041  
Moonee Beach NSW 2450

Mobile: 0417 204 929  
Fax: 02 6656 1343  
[progression.psychology@bigpond.com](mailto:progression.psychology@bigpond.com)

**Areas of specialisation**

Individual treatment for adults experiencing a range of mental health issues including mood disorders, anxiety disorders, psychotic disorders, adjustment disorder, drug and alcohol problems and sexual assault. Also Workers Compensation and private clients welcome.

**Available in Woolgoolga and Corindi**

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**Kathleen Lindsay**

Positive Outlook Psychological Services  
77 Raleigh Street  
Coffs Harbour NSW 2450

Mobile: 0418 247 073  
[kathlindsay@achieveoutcomes.com.au](mailto:kathlindsay@achieveoutcomes.com.au)

**Areas of specialisation**

Suicide related issues, people with physical & intellectual disabilities, chronic pain, depression, Workers Compensation

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**Charles Lucas**

McCombie Associates  
68 Albany Street  
Coffs Harbour NSW 2450

Telephone: 02 6652 2825  
Facsimile: 02 6651 6756  
[clucas@tpg.com.au](mailto:clucas@tpg.com.au)

**Areas of specialisation**

Depression; Anxiety & phobias; Grief & Loss; Life transition & adjustment issues; Relationship therapy; Neuropsychological, Psychological & Vocational assessment; Intellectual disability; Rehabilitation/Injury counselling & assessment; Autistic Spectrum Disorder; Posttraumatic Stress Disorder. Therapeutic approaches & Interventions include, CBT, Transactional Analysis, Clinical Hypnosis & EMDR.

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**Dr Stuart Mann**  
**(Clinical Psychologist)**

The Professional Centre,  
Level 1, 9 Park Avenue  
PO Box 1561  
Coffs Harbour NSW 2450

Telephone: 02 6659 2045 (agency)  
Facsimile: 02 6656 4526  
Mobile: 0434 00 5492  
[stuart@axiscounselling.com.au](mailto:stuart@axiscounselling.com.au)

**Areas of specialisation**

Assessment and Treatment (Individual, Group and Family) - Depression, anxiety and panic (including agoraphobia), drug and alcohol, trauma/PTSD, crisis intervention, anger management and communication.

Populations of Interest - Children, adolescents, adults (including elderly) and Indigenous people.

- Forensic psychology (Assessment - Pre sentencing reports. Treatment - Victims of Crime).

Education – Students, organisations.

Accreditation – DVA, Medicare, Victims of Crime and EAP.

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**Denise Marshall**

122 West High Street  
PO Box 8016  
Coffs Harbour NSW 2450

Telephone: 02 6651 5811  
Facsimile: 02 6651 5810  
[marshall@tsn.cc](mailto:marshall@tsn.cc)

**Areas of specialisation**

Grief/loss/bereavement, depression, anxiety, drug & alcohol, sexual assault, relationship counselling, health, rehabilitation & Work Cover matters.

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**Wendy McCartney**  
**FAPS**

71 Albany Street  
Coffs Harbour NSW 2450

Mobile: 0417 695 007  
[wendymccartney@optusnet.com.au](mailto:wendymccartney@optusnet.com.au)

**Areas of specialization**

Counselling and Forensic Psychologist

Depression, anxieties, trauma/PTSD, assaults, including sexual assaults, crisis intervention, relationships, grief and loss issues, student issues, youth issues. Pre-Sentencing Reports, Medico-Legal Reports; Workers Compensation. Registered with: Department of Veterans' Affairs; Vietnam Veterans' Counselling Service; Victims of Crime; EAP providers.

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**Warwick McClelland**

Kimberley House  
222/51A Little Street  
Coffs Harbour NSW 2450

Mobile: 0407 776 675  
[warwickmclelland@yahoo.com.au](mailto:warwickmclelland@yahoo.com.au)

**Areas of specialisation**

All anxiety disorders (including trauma); depression; D&A; grief and loss; adjustment issues; family, relationship and interpersonal difficulties; and anger. Accept clients of all ages. Specialising in Acceptance and Commitment Therapy.

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**McCombie Associates**

68 Albany Street  
Coffs Harbour NSW 2450

Phone: 02 6652 2825  
Facsimile: 02 6651 6756  
[mcpsychl@uss.net.au](mailto:mcpsychl@uss.net.au)

**Areas of specialisation**

**Assessment** - neuro-cognitive, memory, vocational and psychological. **Treatment** - anxiety, pain, personality, eating disorders, depression, child and family relationships, trauma: War, DVA accredited, domestic violence and sexual assault.

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**Lynda Melville  
(Clinical Psychologist)**

Kimberley House  
222 / 51A Little Street,  
Coffs Harbour NSW 2450

Mobile: 0412 469 147  
[lyndamel@ozemail.com.au](mailto:lyndamel@ozemail.com.au)

**Areas of specialisation**

Assessment and treatment of adolescents (16+) and adults with anxiety disorders, adjustment disorders and life transition issues, depression and mood disorders, Post-traumatic stress disorder, health-related issues, and work problems.

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**Alice Munnings**

122 West High Street,  
Coffs Harbour NSW 2450

Mobile: 0414 526 547  
[alicemunnings@yahoo.com.au](mailto:alicemunnings@yahoo.com.au)

**Areas of specialisation**

Works with adults and the elderly, including adolescents 18+. Covering: adjustment difficulties; relationship problems; trauma, grief & loss; mental health issues; depression, stress, anxiety disorders and phobias; survivors of childhood sexual abuse; carer stress. Special interest in problems of the elderly.

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**Christina North**

73 Yarramen Road, Bonville NSW 2441  
PO Box 298, Toormina NSW 2452

Telephone: 02 6653 4894  
Facsimile: 02 6653 4893

**Areas of specialisation**

Trauma counselling, grief and loss, anxiety, depression, adult counselling, older people.  
**Delivers GP Psychology Service at Urunga and Nambucca Valley (no cost)**

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**Bill O'Hehir**

31 Bangalow Terrace  
Sawtell NSW 2452

Telephone: 02 6658 8231  
Mobile: 0423179307  
[boh@hot.net.au](mailto:boh@hot.net.au)

**Areas of specialisation**

Depression and anxiety disorders, relationship problems, sexual dysfunction with males, men's issues, PTSD, work with veterans, medico legal reports, work related stress.

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**Helen Oliver**

71 Albany Street  
Coffs Harbour NSW 2450

Telephone: 02 6650 0371  
[helo@westnet.com.au](mailto:helo@westnet.com.au)

**Areas of specialisation**

Depression, anxiety & stress management, PTSD, pain management & problem solving

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**Adam Patrech (TIMM)**

Level 1, 51 Grafton Street, Coffs Harbour NSW 2450  
13 Eckford Close, Boambee East NSW 2450  
19 Market Street, Woolgoolga NSW 2456

Telephone: 02 6658 5979  
Facsimile: 02 6658 5927  
[adam@timm.net.au](mailto:adam@timm.net.au)

**Areas of specialisation**

Psychological assessment and counselling. Vietnam Veteran counselling Service (VVCS), EAP counselling. Comcare accredited provider. Workcover accredited rehabilitation provider and workers compensation specialists. Male and female counsellors available. After-hours appointments upon request. Accredited mediators available.

**Delivers GP Psychology Service at Woolgoolga (no cost) .**

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**Bruce Petersen  
(Clinical Psychologist)**

Coffs Medical Centre  
42-44 Gordon Street  
Coffs Harbour NSW 2450

Telephone: 02 6648 5222  
Facsimile: 02 6652 2883

**Areas of specialisation**

Mental health counselling (adults, children and adolescents). Neuropsychological assessments. Twenty five years clinical psychologist and fifteen years expert court witness

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**Dr Susan Priest  
(Clinical Psychologist)**

1/5 Hooson Street  
Coffs Harbour NSW 2450

Mobile: 0412 613 381  
[s.priest@unsw.edu.au](mailto:s.priest@unsw.edu.au)

**Areas of specialisation**

Women's Health and Perinatal Mental Health Assessment & management of anxiety, stress disorders, depression and interest in health psychology in general.

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**Dr Kevin Pyle  
(Clinical Psychologist)**

Garden Terrace  
2/6 Elbow Terrace  
Coffs Harbour NSW 2450

Telephone: 02 6650 0998  
Facsimile: 02 6650 0918  
[neurofeedbackclinic@gmail.com](mailto:neurofeedbackclinic@gmail.com)

**Areas of specialisation**

Child & adolescents psychology, ADHD, use of neurofeedback and biofeedback computerised systems.

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**Charmaine Redding**

Suite 1, Cnr Bray Street and Pacific Highway  
Coffs Harbour NSW 2450

Phone: 02 6652 9188  
Facsimile: 02 6651 9822  
Mobile: 0434 051 881  
Facsimile: 02 6650 0741

**Areas of specialisation**

Generalist psychology, Care of the Aged, chronic pain and post traumatic stress disorder (PTSD).

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**Verity Stoker  
(Clinical Psychologist)**

Stoker & Associates Psychological Services Pty Ltd  
11 Campbell Close  
Korora NSW 2450

Telephone: 02 6653 7489  
[verity@stokerandassociates.com](mailto:verity@stokerandassociates.com)

**Women's Health Centre**

74 Victoria Street  
Coffs Harbour NSW 2450

Telephone: 02 6652 8111

**Area of specialisation**

Post Natal Depression (PND), Anxiety disorders and Depression, Workplace health, Pain management and workers compensation. Works with adults.

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**Cheryl Walsh**

North Coast Psychology Service  
Safety Beach Drive  
Safety Beach NSW 2456

Telephone: 02 6654 1352  
Facsimile: 02 6654 9257  
Mobile: 0405 783 097  
[cawalsh@dodo.com.au](mailto:cawalsh@dodo.com.au)

**Areas of specialist ion**

Mental health assessment and case management, psychological services for children, adolescents and adults, individual and family therapy VVCS accredited.

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**Women's Health Centre**

74 Victoria Street  
Coffs Harbour NSW 2450

Telephone: 02 6652 8111

**Kerri Dene:****Areas of specialisation**

Working with women, loss & grief, depression, adjustment difficulties, stress, carer stress, anxiety

**Verity Stoker:  
(Clinical Psychologist)****Areas of specialisation**

Post natal depression (PND), anxiety disorders and depression, workplace health, pain management and workers compensation. Works with adults.

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# BELLINGEN SUBDIVISION

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## Amanda Harris

Suite 5, 54 Wheatley Street  
Bellingen NSW 2454

Telephone: 02 6655 1295  
Facsimile: 02 6655 1209  
Mobile: 0427 551 294

### Areas of specialisation

Generalist psychological services for adults. Depression, anxiety disorders and trauma.

**Delivers GP Psychology service in Bellingen (no cost).** *Not a Medicare Accredited Provider*

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## Johanna Johnson

Bellingen NSW 2454

Telephone: 02 6655 0269  
Mobile: 0421 425 815  
[jjohnson@netspace.net.au](mailto:jjohnson@netspace.net.au)

### Areas of specialisation

Generalist counselling (adults, couples, adolescents).

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## Peter McGrath

The Old Council Chambers  
Room 7, Oak Street  
Bellingen NSW 2454

Mobile: 0437 915 217  
[peter.mcgrath4@bigpond.com](mailto:peter.mcgrath4@bigpond.com)

### Areas of specialisation

Works with families, adolescents and children.

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## Alice Munnings

Hickory Street  
Dorrigo NSW 2453

Mobile: 0414 526 547  
[alicemunnings@yahoo.com.au](mailto:alicemunnings@yahoo.com.au)

### Areas of specialisation

Works with adults and the elderly, including adolescents 18+. Covering: adjustment difficulties; relationship problems; trauma, grief & loss; mental health issues; depression, stress, anxiety disorders and phobias; survivors of childhood sexual abuse; carer stress.

Special interest in problems of the elderly.

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**Bill O'Hehir**

The Old Council Chambers  
Room 7, 1 Oak Street,  
Bellingen NSW 2454

Telephone: 02 6658 8231  
Mobile: 0423 179 307  
[boh@hot.net.au](mailto:boh@hot.net.au)

**Areas of specialisation**

Depression and anxiety disorders, relationship problems, sexual dysfunction with males, men's issues, PTSD, work with veterans, medico legal reports, work related stress.

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**Dr Ruth Ingrid Sturme**

Room 15, Old Bellingen Chambers  
1a Oak St. Bellingen NSW 2454

Mobile: 0432 435 399  
[psychology@awaresystems.com.au](mailto:psychology@awaresystems.com.au)

**Areas of specialisation**

Relationship/couple issues (including same sex relationships and family violence); sexual difficulties; mood disorders (e.g. anxiety/panic, depression, etc); impulse control; ageing/mortality/grief & loss; trans cultural issues; and poor social/communication/living skills.

**Available only 1 Thursday per month (last Thursday in the month generally) for face to face sessions with an option of 1 or 2 telephone sessions. Clients only accepted after interview.**

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**Therese Tyacke  
(Social Worker)**

The Old Council Chambers  
Room 14. 1 Oak St,  
Bellingen NSW 2454.

Telephone: 02 6655 0656  
Mobile: 0425 280 227  
[consciouschoice@comcen.com.au](mailto:consciouschoice@comcen.com.au)

**Areas of specialisation**

Generalist counselling.

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**Annemarie Wilson  
(Clinical Psychologist)**

PO Box 330  
Bellingen NSW 2454  
Mobile: 0413 845 681  
[annmaree4@yahoo.com](mailto:annmaree4@yahoo.com)

**Areas of specialisation**

PTSD, anxiety and depression (adults). Delivers GP Psychology service in Dorrigo only.

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# NAMBUCCA VALLEY SUBDIVISION

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**Lisa Hanson**  
(Clinical Psychologist)

4 River Street, Macksville NSW 2447  
PO Box 409, Macksville NSW 2447

Telephone: 02 6568 1177  
Mobile: 0414 350 761  
Facsimile: 02 65683467  
[L.RAZCAT@bigpond.com.au](mailto:L.RAZCAT@bigpond.com.au)

**Areas of specialisation**

Experience working with individual adults, adolescents (15+) and families. Stress, anxiety, depression, PTSD, trauma, sexual assault, rehabilitation/work/school/stress, adjustment to change/injury/illness/pain and grief. EMDR trained. Delivers GP Psychology Service - Macksville/Stuart's Point

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**Prudence Kirkby**

Progression Psychology Services  
PO Box 9041  
Moonee Beach NSW 2450

Nambucca Healthcare Centre  
2-6 Willunga Avenue  
Nambucca Heads NSW 2448

Mobile: 0417 204 929  
Fax: 02 6656 1343  
[progression.psychology@bigpond.com](mailto:progression.psychology@bigpond.com)

**Areas of specialization**

Individual treatment for adults experiencing a range of mental health issues including mood disorders, anxiety disorders, psychotic disorders, adjustment disorder, drug and alcohol problems and sexual assault. Medicare, Workers Compensation and private clients welcome.

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**Christina North**

5 Mann Street  
PO Box 73  
Nambucca Heads NSW 2448

Telephone: 02 66534894  
Facsimile: 02 6568 5093

**Areas of specialisation**

Trauma counselling, grief and loss, anxiety, depression, adult counselling, older people.  
**Delivers GP Psychology Service in Nambucca Valley (no cost)**

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**Wendy McCartney**  
FAPS

1 Kent Street  
Nambucca Heads NSW 2448

Telephone: 02 6569 5272  
Mobile: 0417 695 007  
[wendymccartney@optusnet.com.au](mailto:wendymccartney@optusnet.com.au)

**Areas of specialisation**

Counselling and Forensic Psychologist

Depression, anxieties, trauma/PTSD, assaults, including sexual assaults, crisis intervention, relationships, grief and loss issues, student issues, youth issues. Pre-Sentencing Reports, Medico-Legal Reports; Workers Compensation. Registered with: Department of Veterans' Affairs; Vietnam Veterans' Counselling Service; Victims of Crime; EAP providers.

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**Peter McGrath**

4 River Street  
Macksville NSW 2447

Nambucca Valley Youth Service/Headspace  
48 Ridge Street  
Nambucca Heads NSW 2448

Mobile: 0437 915 217  
[peter.mcgrath4@bigpond.com](mailto:peter.mcgrath4@bigpond.com)

**Areas of specialisation**

Works with families, children and adolescents.

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**Lynne Plummer**

5 Mann Street  
PO Box 73  
Nambucca Heads NSW 2448

Telephone: 02 6568 5107  
Facsimile: 02 6568 5093

**Areas of specialisation**

Adult counselling, depression, anxiety disorders, phobias, trauma, grief and loss.

**Delivers GP Psychology Service in Nambucca Valley 3 days per week (no cost)**

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**Janet Sainsbury**

10 Hibiscus Drive  
Valla Beach NSW 2448

Telephone: 02 6569 5504  
Facsimile: 02 6569 5695  
Mobile: 0413 543 504  
[jmsainsbury@optusnet.com.au](mailto:jmsainsbury@optusnet.com.au)

**Areas of specialisation**

Background in children, adolescents, family, individuals and adult counselling, relationship counselling and mediation.

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All information supplied is correct at time of printing.